

beacon
health options

Autism Spectrum Disorder Services

Behavioral Health Partnership
Oversight Council: Operations Sub-
Committee Update

Where We Started

- The CT Behavioral Health Partnership (CTBHP) is a partnership among:
 - Department of Social Services (DSS),
 - Department of Children and Families (DCF),
 - Department of Mental Health and Addiction Services (DMHAS)
 - Beacon Health Options is the Administrative Service Organization (ASO)
 - In addition, we've worked closely with the Department of Developmental Services (DDS)

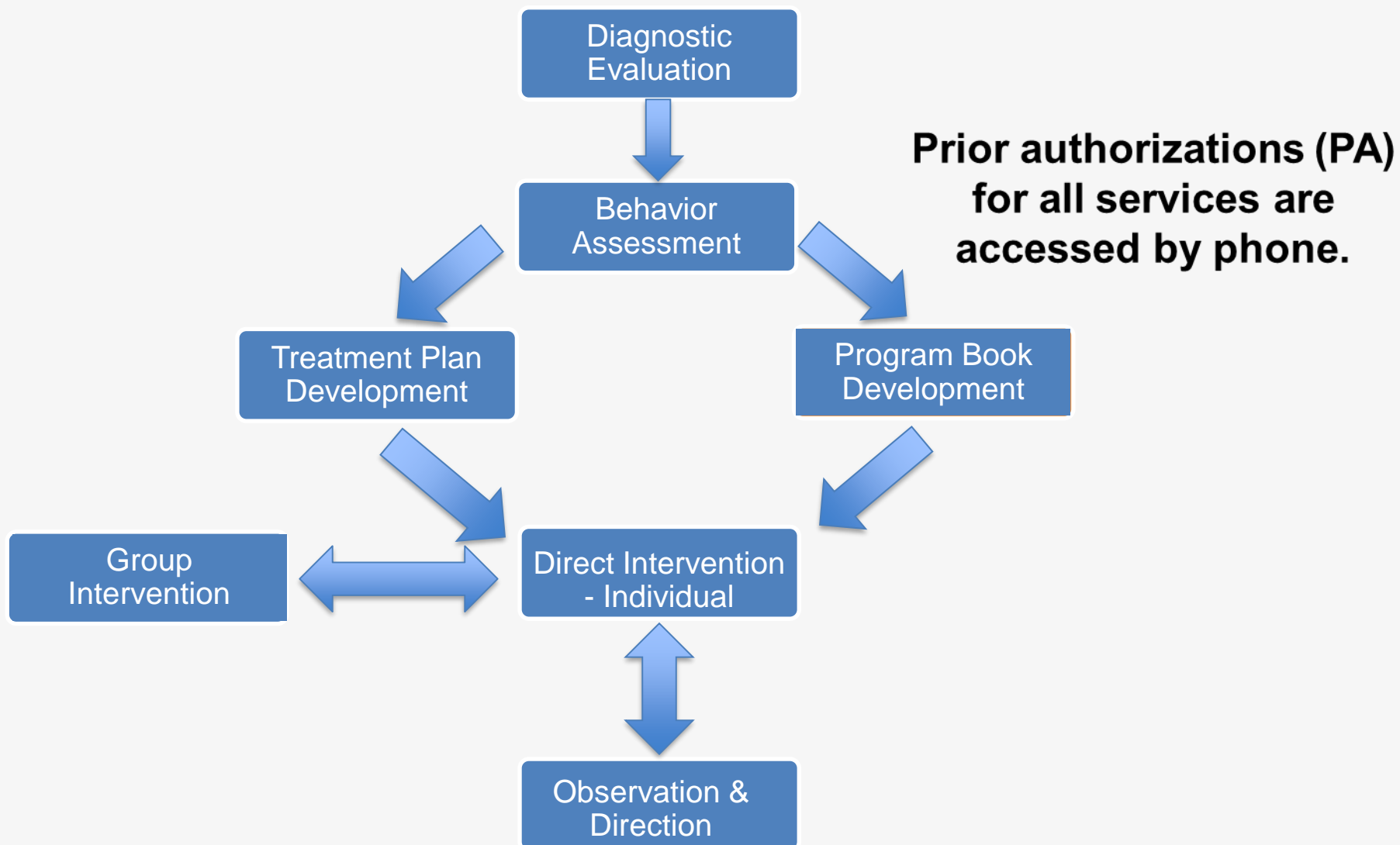
Connecticut Plan to cover ASD Services

- Two main components:
 1. Behavioral treatment services (Medicaid State Plan services performed by providers)
 - Such as Applied Behavior Analysis (ABA)
 - Available to Medicaid-eligible children and youth under the age of 21
 - May not duplicate services through the school (but may supplement those services to the extent medically necessary)
 - Includes evaluation, assessment, and development of plan of care
 2. Peer Specialist and Care Coordinator services (Medicaid administrative services performed by the ASO)
 - Available to individuals of any age with ASD and their families
 - May be utilized to guide families through the process of accessing Autism services and other community services such as therapeutic recreation, social skills groups or other referrals

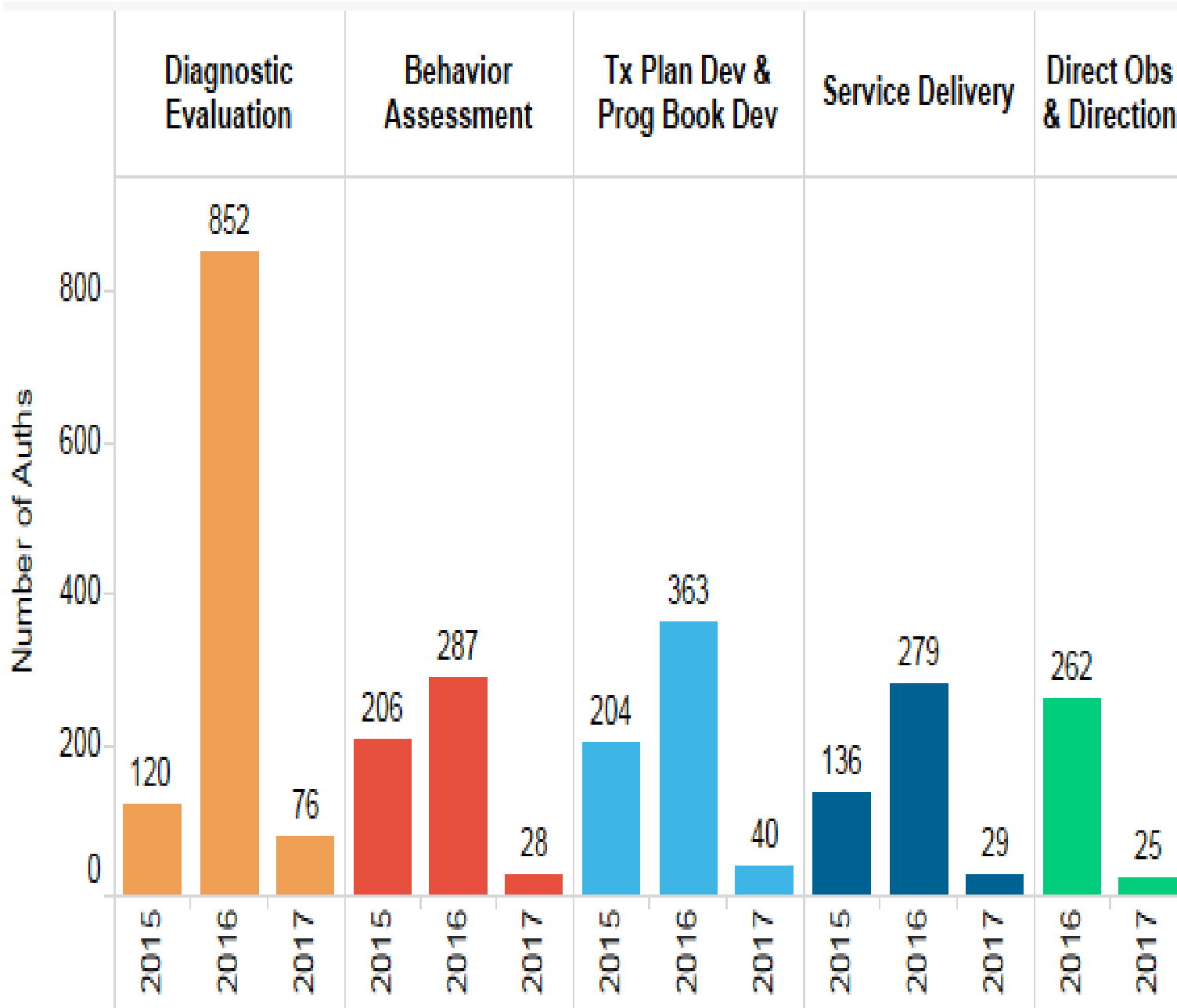
AUTISM SERVICES

Medicaid Covered Autism Services

Behavioral Treatment Services including:

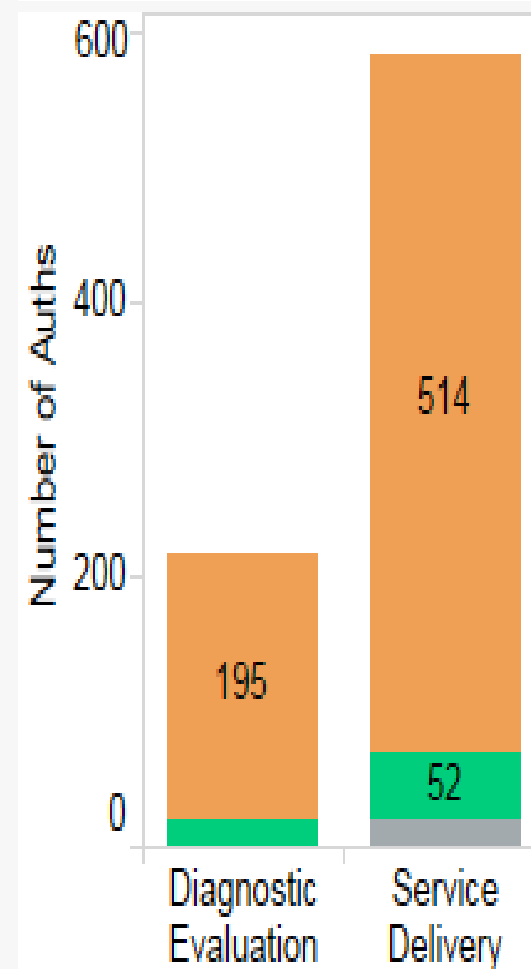


Annual (YTD) Admits/Authorizations for Autism Spectrum Disorder Services by Service Class



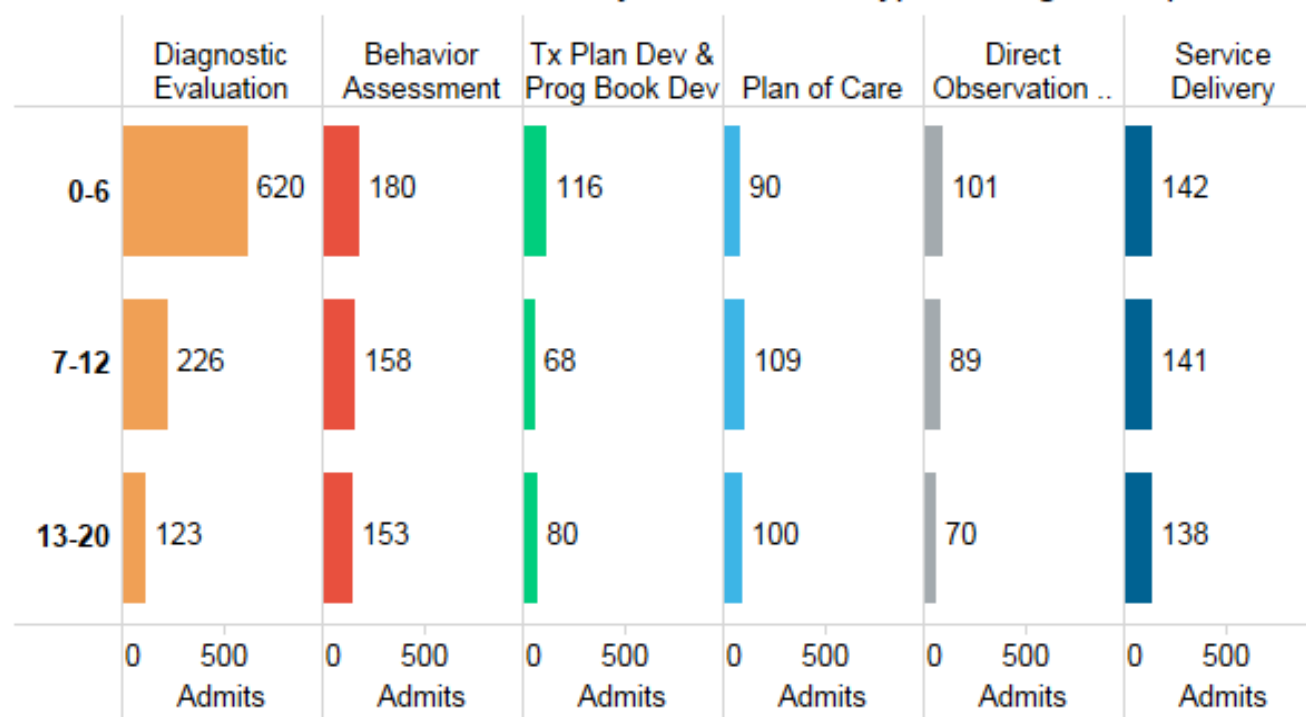
Open ASD Authorization by Service

■ Non-DCF
 ■ CPS/Committed
 ■ Voluntary
 ■ Juvenile Justice

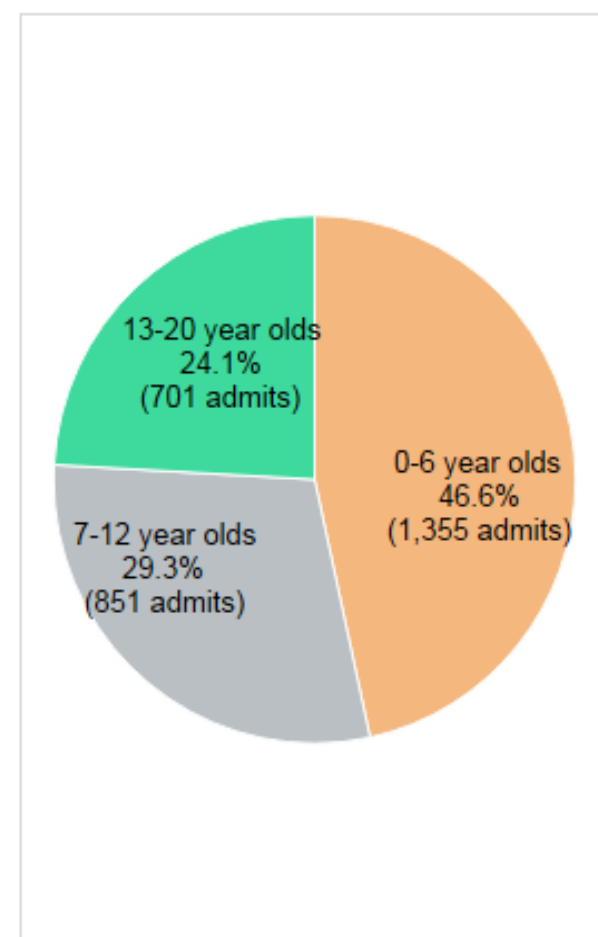


Autism Disorder Services Admits/Authorization Volume by Age

Total Admits/Authorizations by ASD Service Type and Age Group



Total Admits/Authorizations Obtained for Each Age Group (All Service Classes)



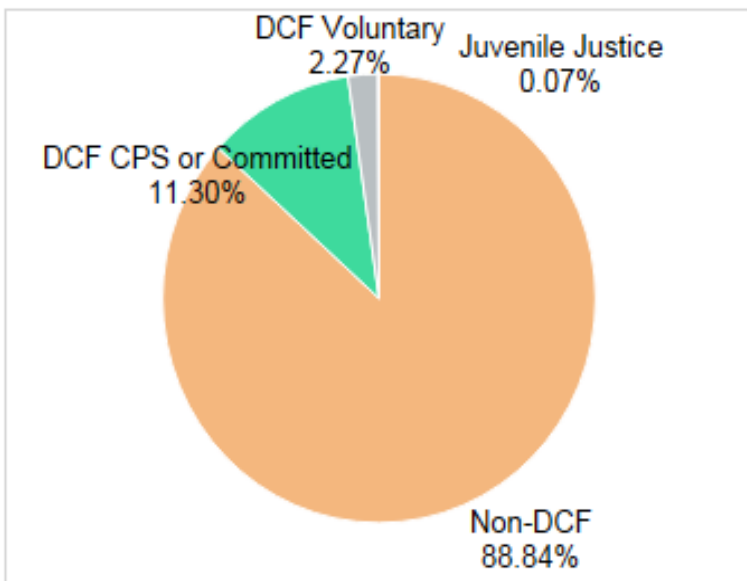
739 youth
were ages 0-6 at
admission.

364 youth
were ages 7-12 at
admission.

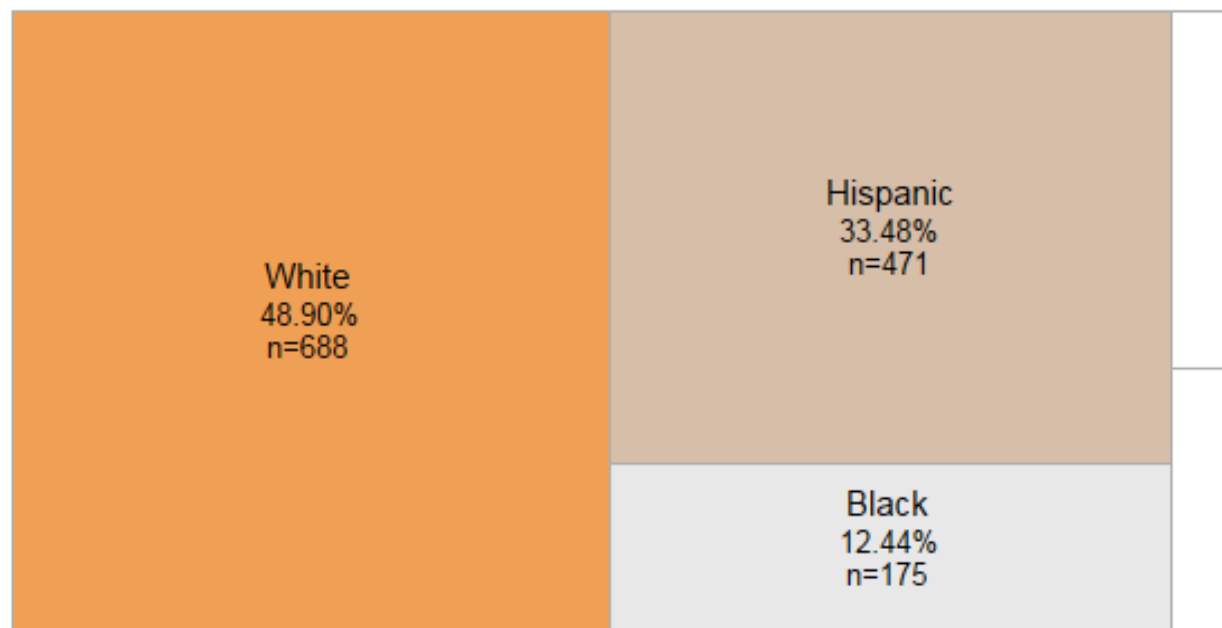
257 youth
were ages 13-20 at
admission.

Autism Disorder Service Admits/Authorization Volume by Race & DCF Status

Percent Unique Youth Authorized for Services by DCF Status**



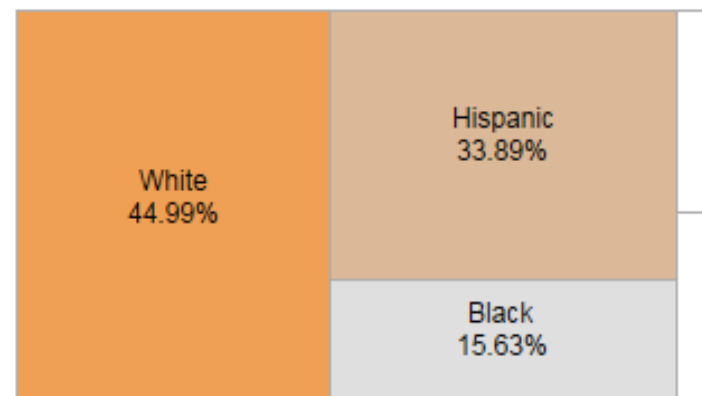
Total Unique Youth Authorized for ASD Services by Race/Ethnicity



Total Unique Youth Authorized for Services by DCF Status and Region**

	Region 1	Region 2	Region 3	Region 4	Region 5	Region 6	Unknown	Grand Total
DCF Volunt..	1	4	9	5	7	6		32
DCF CPS or..	3	14	26	43	34	39		159
Juvenile Ju..					1			1
Non-DCF	101	203	163	283	244	259	1	1,250
Grand Total	105	217	188	323	280	297	1	1,407

Medicaid Youth Ages 0-17 - CY 2015 Rates



PROVIDERS

Autism Disorder Services Provider Enrollment

87

individual providers have enrolled in Medicaid to provide ASD services.

56

unique practices (individuals or groups) have enrolled in Medicaid to provide ASD services.

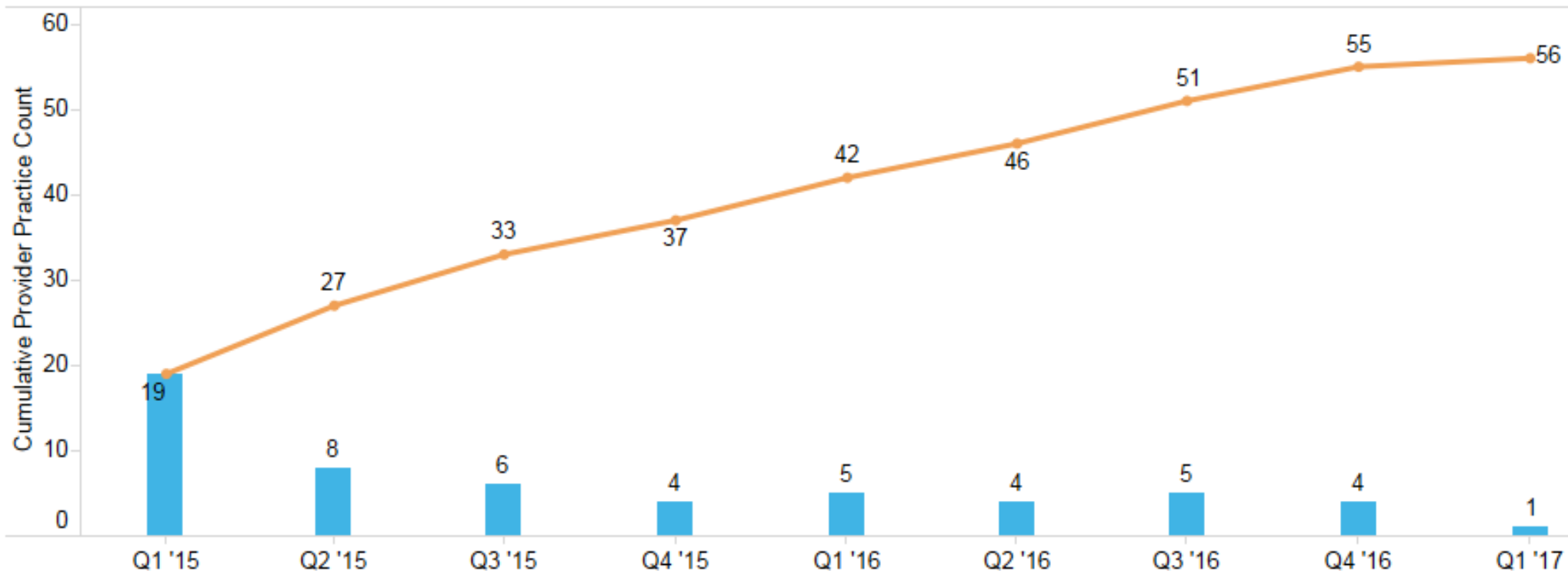
53

providers are able to provide ASD treatment services.

Cumulative ASD Practice Enrollment

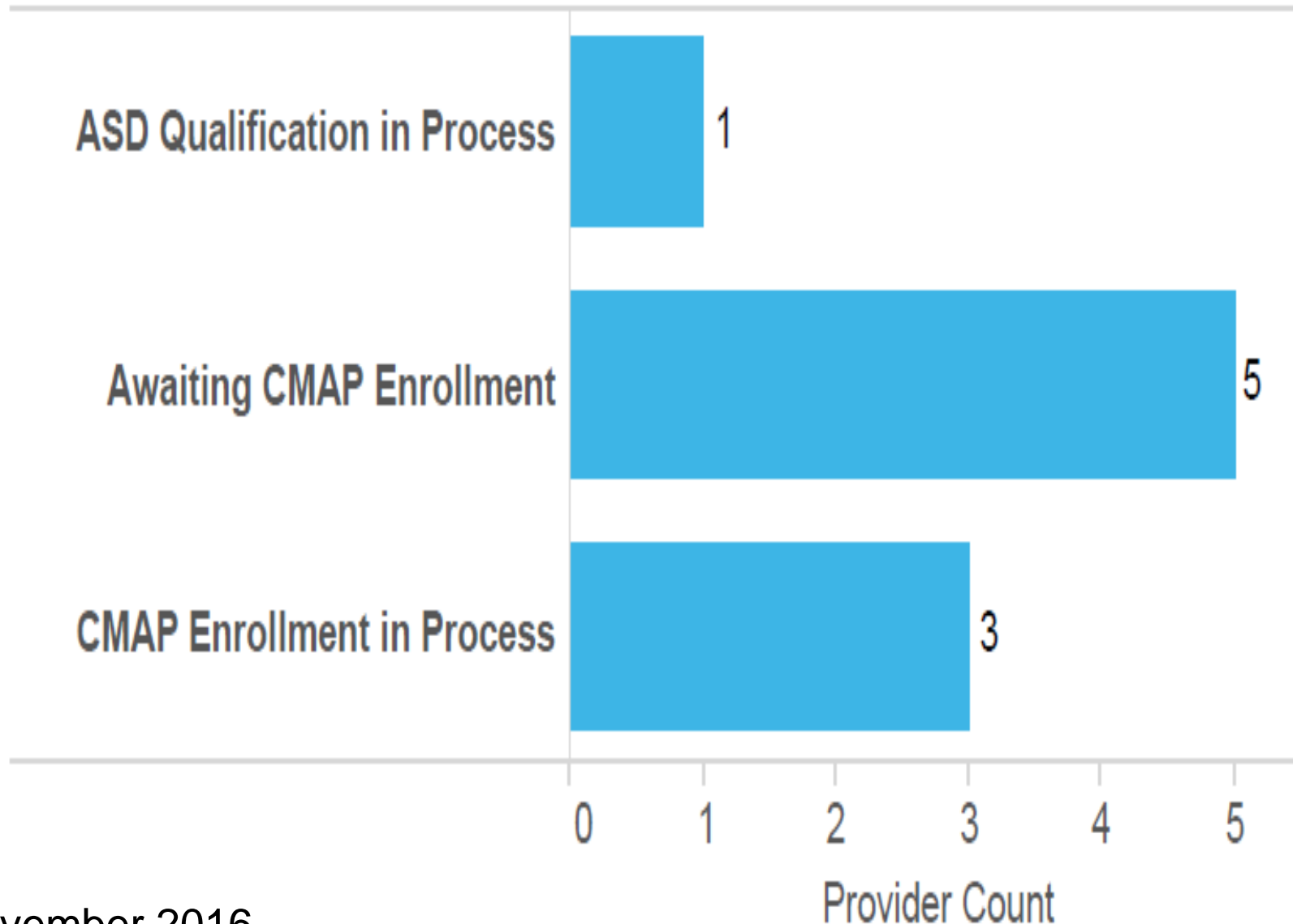
Note: A practice may include multiple individual practitioners or be a single individual

-- Running Total ■ Quarterly Additions



Enrollment in Process

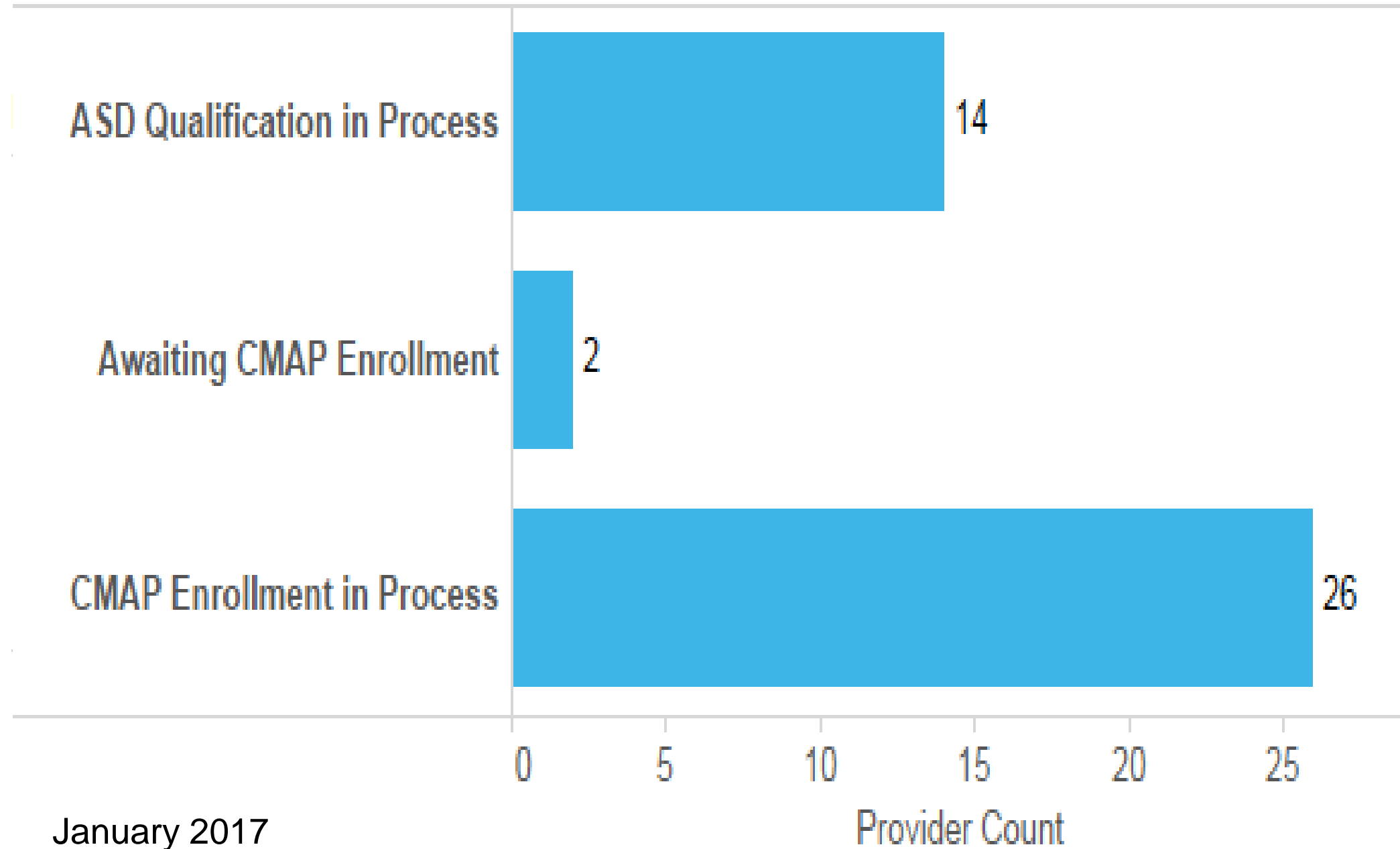
Number of Providers Currently in the Enrollment Process



November 2016

Enrollment in Process

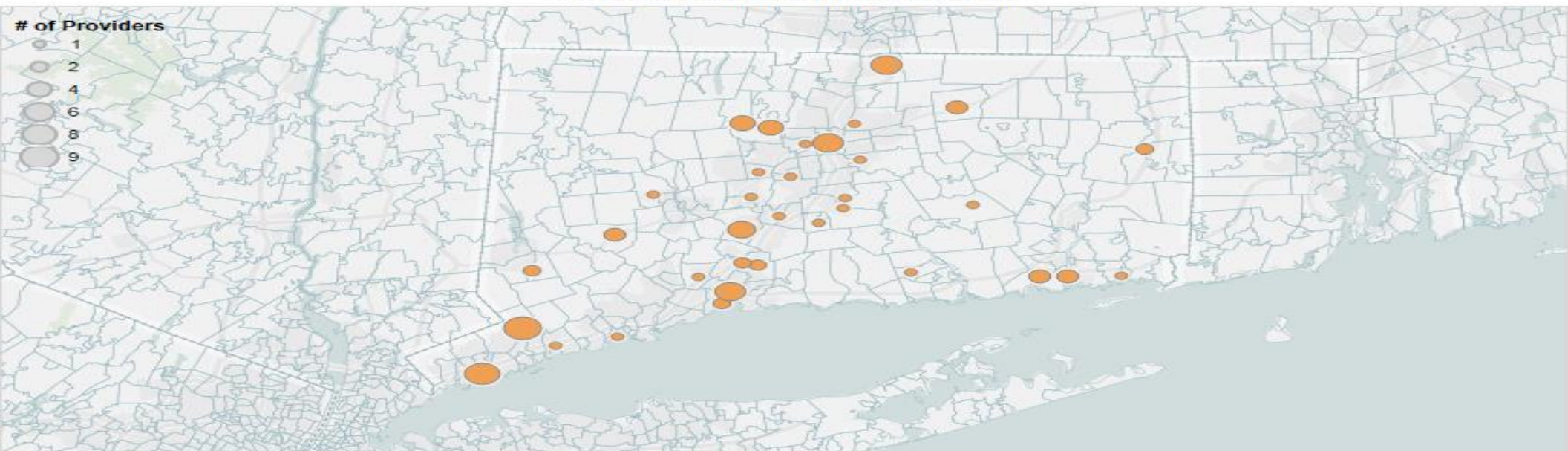
Number of Providers Currently in the Enrollment Process



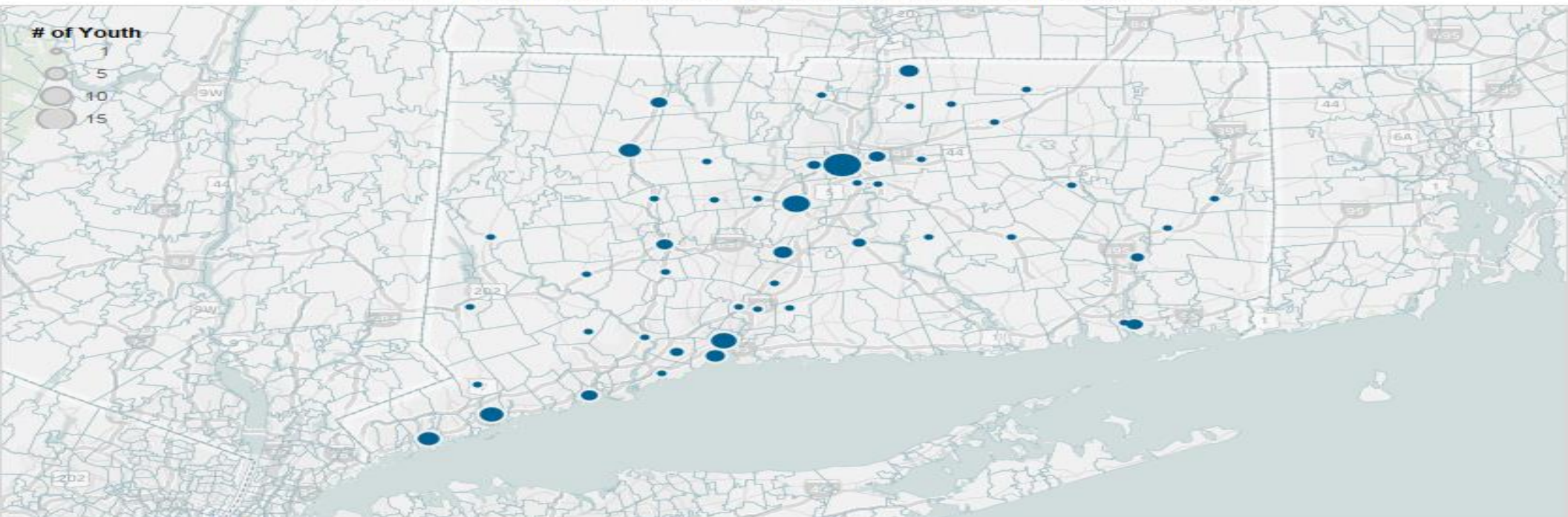
Provider Locations and Service Needs

Provider Locations

*Total number of individual providers by town



Locations of Youth in Process of Connecting with an Appropriate Provider



Provider Network

- As this is a new Medicaid service, it is anticipated that the overall provider system will continue to grow:
 - Providers continue to join the Medicaid network.
 - Providers are enrolling to offer a continuum of services from the diagnostic assessment to direct intervention.
 - Beacon Health Options is identifying and reaching out to potential providers to develop the network and facilitate referrals.

Strategies to Increase ASD Network Enrollment

- Outreach to the Medicaid Provider Network to inform them of areas of need in the State
- Update the Autism Advisory Council
- Outreach to Early Intervention/Birth to Three Providers
- Outreach calls to DCF and DDS Autism Services Providers
- Distribute job postings and opportunities through MASS ABA, CT ABA , NYSABA and ASD Provider Networks
- Networking event held at Beacon Health Options to connect universities and colleges across the State to link Human Services undergrad/grad students with behavioral technician opportunities

Strategies to Increase ASD Network Adequacy

Monthly Provider Learning Collaborative Meetings

- Transition & Discharge planning
- Reduction of direct service hours over time
- Crisis planning & parent training goals
- Critical features of a Plan of Care & documentation
- Billing Procedures for CT BHP ASD Providers
- Completing a Functional Behavior Assessment (FBA) in 8 - 10 hours
- Parent Training, Family Engagement & Buy-in to a Treatment Plan
- Authorization & Review Process
- BCBA Observation & Direction Overview
- Emergency Mobile Psychiatric Services: Accessing EMPS, How to Prepare Your Families and EMPS Services Provided

ASD STAFF

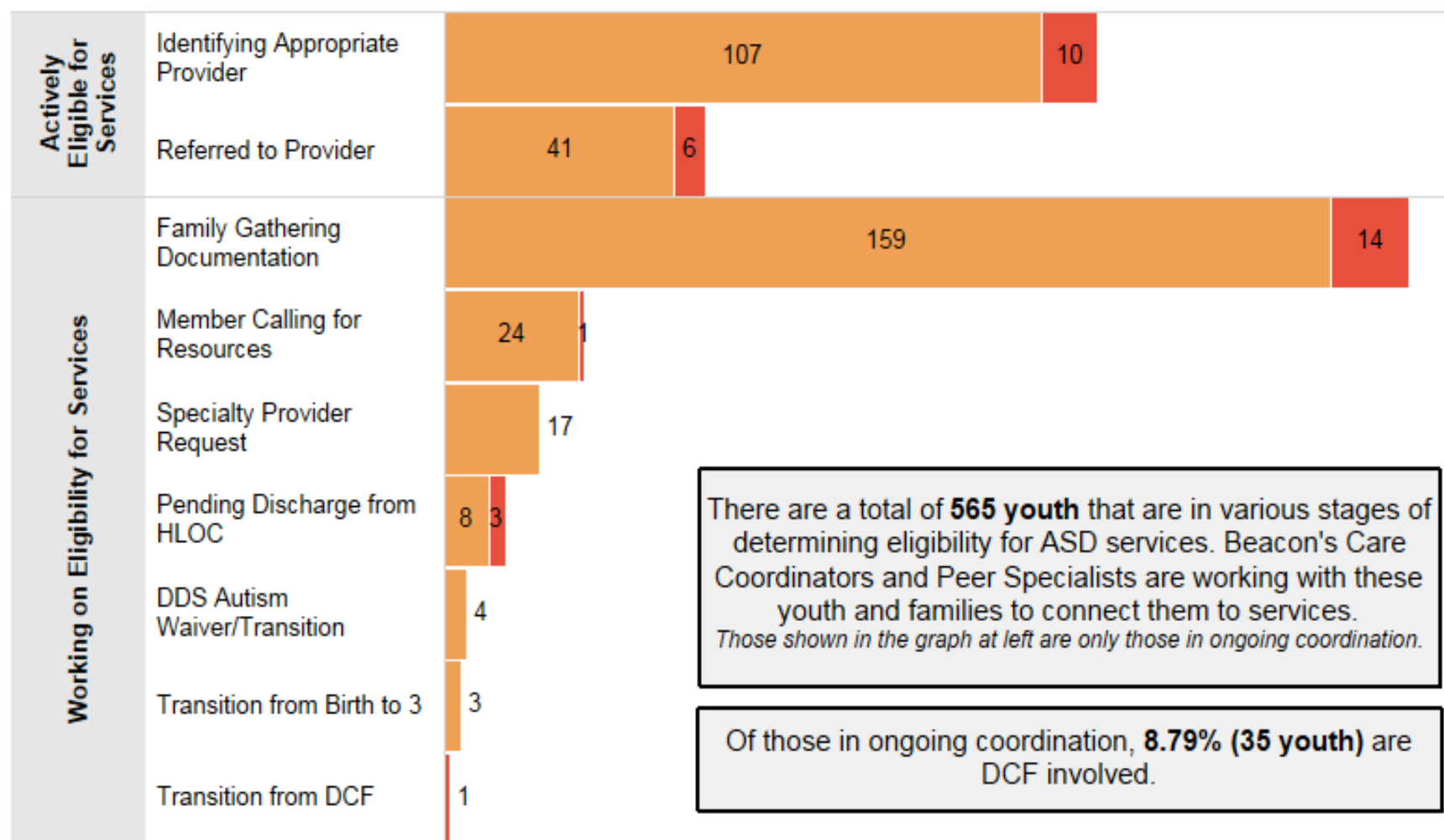
Peer Specialists & Care Coordinators

- Contact families within 24 hours of referral
- Home or community visits within 72 hours of initial contact
- Connect youth, families and adults with resources as needed
- Develop and maintain relationships with those agencies who provide community services
- Attend regional Community Collaboratives, DCF and DDS Meetings
- Develop and maintain a resource list and familiarity with appropriate services for potential member referrals

Beacon Peer and Care-Coordination Activities

Ongoing Peer and Care-Coordination Activities: Total Count of Unique Youth by Connecting to Services Reason

■ DCF ■ Non-DCF; Excludes Temp IDs



Peers Specialists & Care Coordinators

- Connecting families to:
 - Transition Services
 - Parent Supports
 - Social skills groups and play groups
 - Educational Advocates
 - Help with scheduling appointments
 - Information on DSS or DCF Voluntary Services Programs
 - Pet therapy
 - Occupational Therapy, Speech and Physical Therapy
 - Dental care
 - Housing and food assistance
 - Assistance with utility bills
 - Tickets for autism-friendly events

How to Access Services

- **CT Behavioral Health Partnership:**
 - Phone: 1-877-552-8247 Fax: 1-855-901-2493
- **Websites:**
 - CT Behavioral Health Partnership: <http://www.ctbhp.com>
 - Department of Developmental Services: <http://www.ct.gov/dds>
 - Department of Social Services: <http://www.ct.gov/dss>
 - Department of Children & Families: <http://www.ct.gov/dcf>
 - Department of Mental Health & Addiction Services:
<http://www.ct.gov/dmhas>

Questions?